

How to Break In Your Layflat Binding

Your *One on One with God* workbook has been bound with a special layflat binding. This allows the book to open up and lie flat, making it easier to make notes in. To break in the book, simply open to the middle and bend back each side of the book. Then lay the book on your desk and use your hand to apply pressure from the top of the crease to the bottom, in between the pages. Once you have done this in a few places in the book, you will only have to apply slight pressure to make the rest of the pages lie flat as you use them.

How to Work Your Way Through the Workbook

This book is not a book that you begin reading on page one and read straight through from front to back. Instead it is divided into sections, which may be compared to the rooms of a home. Just as you spend time in several rooms of your home each day, you will often work in several sections of this book each day. Therefore, you need something to properly guide you through the book: the leader's guide. If you are working through the workbook on your own, you will need a leader's guide to direct you. If you are going through the workbook as part of a small group, only your group leader will need a leader's guide.

MP3 CD Audio

We also have available an MP3 that contains all 15 sessions of *One on One with God*, approximately two hours per session, or 30 hours, where the author can be heard as he disciplines one person using the *One on One with God* workbook and leader's guide. Leaders often listen to a particular session on the MP3 CD as a refresher before they lead a group through that session. Those working through the workbook on their own may use it by simply stopping the audio and doing the same thing the author tells the person he is discipling to do, then turning the audio back on and proceeding through the lesson. NOTE: The MP3 CD will not play in home or car CD players that are not CDR/CDRW- and MP3-compatible. The audio files on the MP3 CD should play just fine in your computer using RealPlayer, WinAmp, Windows Media Player, etc.

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